Greetings from UNCG’s Division of Student Affairs!

First and foremost, thank you for registering for the 2019 Spartan BASE Camp! Your registration for BASE Camp demonstrates your willingness to make the most of your time as a first-year student at UNCG. We are excited to meet you and look forward to providing you with a fun, educational, and memorable experience.

The following documents are provided to organize and prepare you for BASE Camp. Please familiarize yourself with the information and contact us with any questions or concerns.

1) How to Prepare
2) Policies and Expectations
3) Schedule of Activities
4) Residence Hall Early Move-In Information
5) Drop-off, Pick-up, and Parking Information
6) Emergency Contact Information

Again, thank you for registering and we look forward to meeting you soon!

Sincerely,

Your 2019 BASE Camp Leadership Team:

Mike Ackerman, Department of Recreation & Wellness
Coretta Walker, Division of Student Affairs
George Still, Division of Student Affairs
Brandon Ohr, Department of Recreation & Wellness
Juliann Losey, Housing & Residence Life
How to Prepare for BASE Camp

The following information will help prepare you for BASE Camp. Please let us know if you have any additional questions or concerns.

WHAT TO EXPECT

• A welcoming environment from the moment you arrive. Your leaders and other BASE Camp staff are here to ensure you get the most out of your experience.
• A learning experience that is essential to your success as a new Spartan. You will be exposed to a variety of learning objectives such as leadership development, community building, health and wellbeing, and Spartan Pride!
• A space to create meaningful relationships with UNCG students, faculty, and staff.
• A fun and memorable experience that will last well beyond your first year!

BE PRESENT

• BASE Camp will be one of your first experiences as a new Spartan, so we hope you will fully immerse yourself and get the most out of it by being present and being engaged. To get the most out of BASE Camp, you should come with an open mind and be present both mentally and physically throughout the program.

SELF CARE

• Rest, eat, and stay hydrated! We have an action-packed schedule each day, so getting plenty of rest, eating regular meals, and staying hydrated are all critical to sustaining your energy and having a great experience.
• Your mental and physical health is important to us. Please be sure to check in with your BASE Camp leaders should you need anything throughout the program.

BE ORGANIZED

• Have a backpack with you each day to keep your belongings.
• Be sure to pack any medications or other important personal items with you each day.
• We will provide you with a free water bottle when you arrive!
• Be sure you know where to arrive each day and what time you should be places. It is your responsibility to show up on time and in the correct location. Failure to attend all activities may result in removal from the program. Please contact the BASE Camp staff should you have any needs during the program.

WHAT TO WEAR

• Dress comfortably and wear clothes appropriate for movement and activities. We recommend wearing athletic-type, closed-toe shoes each day.
• Closed-toe shoes are required for participation on the high and low ropes course on day 2.
• Having a small umbrella and/or a rain jacket in your backpack would also be beneficial this time of year.

CELL PHONE USE

• BASE Camp is designed to get you connected with other UNCG students, therefore, cell phones will not be permitted during any activities.
# BASE Camp Schedule (Tentative)

The following schedule is an overview of activities and is subject to change, so please make sure you follow current times and locations once the program begins.

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BASE Camp Policies and Expectations

Please carefully read through the following program policies and expectations. It is your responsibility to follow all policies and expectations throughout the program.

ELIGIBILITY
- Must be enrolled in UNCG as a first-year student.
- If your enrollment status changes prior to the program it is your responsibility to notify program administrators and cancel your registration. You will still be responsible for the program fee if you do not cancel by the cancellation / refund date listed below.

PROGRAM FEE
- Your fee to attend BASE Camp includes:
  - Meals starting with dinner on Monday through lunch on Wednesday. All meals before and after the program are the responsibility of the student. UNCG Dining meal plans for the fall semester begin with dinner on Wednesday.
  - Early move-in to your residence hall.
  - Costs associated with all activities throughout the program.
  - BASE Camp t-shirt and water bottle.

CANCELLATION & REFUNDS
- All cancellations must be made in writing by emailing basecamp@uncg.edu
- Program fee is fully refundable if cancelled on or before Monday, July 22\textsuperscript{nd}
- No refunds after Monday, July 22\textsuperscript{nd}

ALCOHOL, DRUGS, TOBACCO
- BASE Camp is geared towards enhancing your health and wellbeing as a first-year student. Therefore, use of alcohol, illegal drugs, and tobacco (including vaping and e-cigs) is PROHIBITED throughout the program. Any incidents that violate this policy will be handled as any other university violation per the UNCG Student Code of Conduct.
- If you carry personal medications for medical emergencies (i.e. inhaler, epi-pen, etc.), please inform BASE Camp staff keep it in your possession throughout the program.

HARRASSMENT & DISCRIMINATION
- We encourage respect and appreciation for the diversity of all participants and staff and we expect you will do the same throughout the program. No harassment of any kind will be tolerated by participants or staff during the program. It is your responsibility to report any misconduct to the staff or administration of BASE Camp. This program strives to be sensitive and supportive of all cultural and individual differences, and specifically those differences due to age, gender, race, ethnicity, national origin, religion, sexual orientation, disability, and socioeconomic status.

DISABILITY ACCOMMODATIONS
- For disability accommodations or questions related to accessibility, please contact basecamp@uncg.edu
Residence Hall Early Move-In Information

Please follow these instructions if you requested the early move-in option at registration. If you wish to add, drop, or confirm early move-in, please contact us.

**EARLY MOVE-IN DATE:** Monday, August 12th

*Please note:* if you have extenuating circumstances that prevent you from being able to move-in early on Monday, please contact us at basecamp@uncg.edu

**UPON ARRIVAL TO UNCG:**

1) Arrive to the UNCG Housing & Residence Life main office on the 1st Floor of Ragsdale-Mendenhall between the hours of 8:00 AM – 12:00 PM to pick up your room keys. Please park and come to the main entrance of the building where our staff will be issuing room keys. For help with finding your way around campus please visit: [https://parking.uncg.edu/access/access.html](https://parking.uncg.edu/access/access.html)

2) Head to your Residence Hall. Please remember that you **MUST** have your SpartanCard to access your hall. There will be no move-in assistance available, so please plan accordingly. Please be aware of where you park while unloading your belongings. Vehicles should be moved to approved parking spaces or parking garages once unloaded. If you have a parking permit, please move your vehicle to that area once you are moved in to your Residence Hall.

3) Arrive to the Kaplan Center for Wellness (1301 W. Gate City Blvd.) no later than 12:30 PM. The Kaplan Center for Wellness will be open with informal activities for BASE Camp participants between 10:00 AM – 12:30 PM. Lunch is on your own this day, so please plan accordingly.

**REMINDERS & CONTACT INFORMATION:**

- You **DO NOT** need to request early move-in through Housing & Residence Life for this program, we will handle that for you at no charge. Please do not complete any additional early-move in forms. If you completed BASE Camp registration, you are all set!

- Move in assistance by UNCG staff will not be available during this time, so please plan accordingly and be prepared to move in all of your belongings on your own.

- Residence Hall staff will be supervising halls at this time. Please see them if you have any needs once you arrive to your Residence Hall. Due to training and preparations for regular move-in, Residence Hall staff have limited availability during the dates of BASE Camp.

- Housing and Residence Life Main Office: 336-334-5636

- UNCG Campus Police Emergency: 336-334-4444

- UNCG Campus Police Non-Emergency: 336-334-5963

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*EMAIL:* basecamp@uncg.edu  
*WEB:* sa.uncg.edu/basecamp
Drop-off & Pick-up Information

If you are **not** moving in to your Residence Hall early, please follow these instructions for drop-off and pick-up for BASE Camp.

**DROP-OFF**

**When:** Monday, August 12th anytime between 10:00 AM – 12:30 PM. The Kaplan Center for Wellness will be open with informal activities for BASE Camp participants between 10:00 AM – 12:30 PM. Lunch is on your own this day, so please plan accordingly.

**Location:** Kaplan Center for Wellness (1301 W. Gate City Blvd.). A check in desk will be located at the main entrance of the Kaplan Center.

**Parking:** If you are driving your own vehicle each day you will be responsible for parking in an approved location with a UNCG parking permit or paying a day-use fee. Please visit the parking options at: [https://parking.uncg.edu/parking-operations/](https://parking.uncg.edu/parking-operations/)

**PICK-UP**

**When:** Wednesday, August 14th @ 4:00 PM (subject to change)

**Location:** School of Education Building (corner of Spring Garden St. and Kenilworth St.) If you moved in early you can head back to your Residence Hall following the conclusion of the program.

Emergency Contact Information

If needed, UNCG staff will contact parents and/or legal guardians using contact information from the student's registration documents. Students will have limited access to their phones throughout the day. If you feel that emergency contact is necessary, and you cannot reach your student directly, please call UNCG contacts in the order provided below:

<table>
<thead>
<tr>
<th>UNCG Emergency Contacts</th>
<th>Work</th>
<th>Cell</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mike Ackerman, Recreation &amp; Wellness</td>
<td>336-334-3105</td>
<td>336-404-6451</td>
<td><a href="mailto:maacker2@uncg.edu">maacker2@uncg.edu</a></td>
</tr>
<tr>
<td>BASE Camp Planning Committee Chair</td>
<td></td>
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</tr>
<tr>
<td>Division of Student Affairs Office</td>
<td>336-334-5099</td>
<td>N/A</td>
<td><a href="mailto:saf@uncg.edu">saf@uncg.edu</a></td>
</tr>
<tr>
<td>UNCG Campus Police</td>
<td>336-334-5963</td>
<td>N/A</td>
<td>N/A</td>
</tr>
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</table>

PLEASE CHECK YOUR UNCG EMAIL REGULARLY FOR OTHER BASE CAMP UPDATES THROUGHOUT THE SUMMER!

**EMAIL:** basecamp@uncg.edu  **WEB:** sa.uncg.edu/basecamp